

## GAME CHANGER MIND SHIFT WORKSHOP TO TRAIN YOUR BRAIN

# workshop PROPOSAL

Prepared & Presented by: Guru Manx WWW.GURUMANX.COM All Rights Reserved by Guru Manx

## ABOUT THE WORKSHOP



### The highlights

#### **Self Hypnosis**

You will learn about hypnotic language, the stages of hypnosis, and how to apply it to yourself to train your brain.

#### **ETF Tapping**

Learning and practicing how EFT works, and how it can help you to deal with your emotions and stay calm.

#### **Positive Self Talk**

Learning how to structure a positive language with yourself and give your brain clear instructions to follow.

## The Real Deal

#### **GET READY**

- The Do's
- Setting Intentions
- Short Meditations
- Fruits & Vegetables
- The Don'ts
- Avoid Alcohol at least 48 hrs
- Drugs that affect your focus
- Low quality and fast food

### Great Achievement **3DAYS**



In 2 days you will be able to learn lots of healing techniques that can benefit you and your family for a lifetime. August 5 & 6 From 10 am till 6 pm including coffee breaks and snacks.

### Self Investment Value



To commit to yourself in these 2 days be fully present, Energy cost 250 JD, early birds 180 JD, in advance. Special discount for groups of 2 & more

I read and understand the proposal fully. I herewith agree and sign below to all terms and conditions of the workshop:

Print Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_

#### **Terms & Conditions:**

- You can always feel free to select a certain topic & book, a private session in any of the areas or topics; if you wish to go deeper.
- The registration fee is non-refundable and MUST be paid in full in advance upon registration.
- This manual is for personal use only, copying or sharing is not permitted. All Rights are Reserved by Guru Manx.
- The workshop may not be canceled or rescheduled under any circumstances and therefore charges are nonrefundable.